

**THRESHOLDS ADDENDUM MATERIALS- 2013**

<b>OBJECTIVES</b>	<b>A</b> 6-step Decision model]	<b>B</b> Create community	<b>C</b> Positive self image/Self-Awareness.	<b>D</b> Communication skills.	<b>E</b> Learn from teachers & peers.
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**SORTED BY STEP [of Thresholds Decision Model]**

Step	Materials	Objective	Program	Notes/Rationale	Info Contact
"0"/ Intro	<a href="#">Miracle</a>	Community	Youth Center	Video-Olympic coach	Alison
"0"/ Intro	<a href="#">Thresholds Catalyst</a>	Community	Youth Center	Burglass Personal Statement	Alison
"0"/ Intro	<a href="#">6 Steps</a>	Decision Step	Youth Center	Summary - 6 steps [adapted –VTW]	Alison
"0"/ Intro	<a href="#">6 Steps [VTW]</a>	Decision Step	Women's Macro-Correction Center	Summary - 6 steps [from VTW]	Gerry/Dona
"0"/ Intro	<a href="#">X - Thresholds Symbol</a>	Self-Awareness	Youth Center	Past / Future / World / I - Myself	Alison
"0"/ Intro, 2	<a href="#">Values Survey</a>	Self-Awareness	Women's Macro-Correction Center	Values used to for Goals & evaluate. Possibilities; Make concrete	Gerry
1	<a href="#">Human Bingo</a>	Community	Youth Center	Icebreaker; Alternative to 'Commonality exercise	Alison
1	<a href="#">Two Truths – One Lie</a>	Community		Alternate to Commonality exercise	Gerry
1	<a href="#">Jack's Car-Situation</a>	Decision Step	Men's Macro-Prison	Practice	Ralph
1	<a href="#">Notes-taking aid</a>	Learn-Tchr/Peers	Women's Macro-Correction Center	Facilitates learning/retention	Gerry
1	<a href="#">Decision Style Preference-Thinking/Feeling</a>	Self-Awareness	Women's Macro-Correction Center	Preference for decision criteria – adapted from" Myers Briggs"	Gerry
1	<a href="#">Feelings Worksheet</a>	Self-Awareness	Youth Center	List of different feelings	Alison
1	<a href="#">Michael Vick SI article</a>	Self-Awareness	Youth Center	Artform – reading [Gifts & Limits]	Alison
1 - 6	<a href="#">Artform Process &amp; Questions</a>	Community Learn-Teacher& Peers	All	Handout	
1 - 6	<a href="#">Homework Affirmation</a>	Community Learn-Teacher& Peers	Men's Macro-Prison	Close/Affirmation -Volunteer. for weekly close can write unique statement[s]	Ralph
1 - 6	<a href="#">Decision Worksheet</a>	Decision Step	All	Practice	Jarrett
1 - 6	<a href="#">Decision. Worksheet-[YC]</a>	Decision Step	Youth Center	Practice	Alison
1 - 6	<a href="#">Drop a \$20 Sit. &amp; worksheet</a>	Decision Step	Youth Center	Practice - work through as a class	Alison
1 - 6	<a href="#">Party Time Sit. &amp; worksheet</a>	Decision Step	Youth Center	Practice - work through as a class	Alison
1, Grad.	<a href="#">Graffiti Wall</a>	Community	Youth Center	Icebreaker when lots of introverts	Alison
1,2	<a href="#">Situation Chart1</a>	Decision Step	Women's Macro-Prison	Practice	Dona
1,2	<a href="#">Situation Chart2</a>	Decision Step	Women's Macro-Correction Center	Practice	Gerry
2	<a href="#">Goals Cartoon</a>	Decision Step	Women's Macro-Correction Center	Calvin & Hobbs – Intro Goal step	Bill
2	<a href="#">Daily Local Headline</a>	Self-Awareness	Youth Center		Alison
2	<a href="#">How to Get Out of Prison Before You Leave</a>	Self-Awareness	Youth Center	Artform - Reading	Alison
2	<a href="#">Perception Affects Decisions</a>	Self-Awareness	Youth Center	Things that impact perception & what to do about it	Alison
2	<a href="#">Perception Optical Illusions</a>	Self-Awareness	Women's Macro-Correction Center	Supplement-Perception [Old/Young lady]	Gerry
2	<a href="#">Perceptions</a>	Self-Awareness	Youth Center	Finger painting [sometimes step 1]	Alison
2	<a href="#">Prison Thinking</a>	Self-Awareness	Youth Center	Artform: supplemental handout for debrief- insights [use with Video/Pilot-POW or Reading	Alison
2	<a href="#">Time-PinkFloyd</a>	Self-Awareness	Women's Macro-Correction Center	Artform – Song [Pink Floyd]	Bill
2	<a href="#">Values Exercise</a>	Self-Awareness		Values used to for Goals & evaluate. Possibilities; Make concrete	Jenny

2	<a href="#">Who Am I / Who are you</a>	Self-Awareness	Men's Macro-Prison	Perception	Ralph
2,4,5,6	<a href="#">Reaching Your Goals</a>	Self-Awareness	Youth Center	Who you spend time with worksheet	Alison
2,5	<a href="#">Invictus</a>	Community		Artform –Poem- Operating Image/Perception [W.E. Henly]	Jenny
3	<a href="#">Jeopardy_YC</a>	Decision Step Review	Youth Center	Review what was learned in Day 1	Alison
3	<a href="#">Blocks</a>	Self-Awareness	Youth Center	Visual to understand the concept	Alison
3	<a href="#">Creativity handout</a>	Self-Awareness	Women's Macro-Correction Center	Aid to generate possibilities	Gerry
3	<a href="#">How many squares</a>	Self-Awareness	Youth Center	Practice / Aid to generate possibilities	Alison
3	<a href="#">How many squares/triangles</a>	Self-Awareness		Practice / Aid to generate possibilities	Gerry
3	<a href="#">Piss on It</a>	Self-Awareness	Men's Macro-Prison	Creative/out of box thinking	Dona
3,4,5	<a href="#">Love Them Anyway</a>	Self-Awareness	Men's Macro-Prison	Artform- Operating Image /values	Ralph
3,4,5,6	<a href="#">Cannabis</a>	Self-Awareness	Youth Center	Get their attention-impact on teens	Alison
3,4,5,6	<a href="#">Drinking</a>	Self-Awareness	Youth Center	Get their attention-impact on teens	Alison
4	<a href="#">Communication tools for Decision Discussions</a>	Communication	Women's Macro-Correction Center	Practical tools & models - if others involved in decisions	Gerry
4	<a href="#">Language &amp; Communication</a>	Communication	Women's Macro-Correction Center	info from Macro Teacher Handbook	Gerry
4	<a href="#">Listening</a>	Communication	VTW	from VTW	Dona/Gerry
4	<a href="#">Types of Nonverbal Communication</a>	Communication	Women's Macro-Correction Center	Explain & provide examples	Gerry
4	<a href="#">Autobiography</a>	Community	Women's Macro-Correction Center	Artform -Poem	Bill/Ralph
4	<a href="#">Used Car</a>	Decision Step	Women's Macro-Correction Center	Evaluate. Possibilities example	Gerry
4	<a href="#">Ladder of Inference</a>	Self-Awareness	Women's Macro-Correction Center	How lang. filters & Obj. Sif. Aware 'work'	Gerry
4,5	<a href="#">Remember ABCs</a>	Self-Awareness	Men's Macro	Artform- Operating Image/Communication	Ralph/Jenny
4,5	<a href="#">Scenario for a Winner</a>	Self-Awareness	Men's Macro	Artform- Operating Image	Jenny
4.5	<a href="#">This Year</a>	Self-Awareness	Men's Macro	Artform- Operating Image/Communication	Ralph
5	<a href="#">Do You know where you are going to</a>	Community	Men's Macro	Artform –Song- Operating Image [Diana Ross]	Ralph
5	<a href="#">Your Life My Friend - Orleans</a>	Community	Men's Macro	Artform –Song- Operating Image	Jenny
5	<a href="#">Making Quick Decisions</a>	Decision Step	Youth Center	info from Macro Teacher Handbook	Alison
5	<a href="#">Between the Holes of Memory</a>	Self-Awareness	Youth Center	Artform - supplemental handout for debrief- insights	Alison
5	<a href="#">Choices – another word for Decision</a>	Self-Awareness	Youth Center	Examples of choices / decisions we make	Alison
5	<a href="#">Freedom</a>	Self-Awareness	Youth Center	Artform - Reading	Alison
5	<a href="#">Locus of Control</a>	Self-Awareness	Women's Macro-Correction Center	Survey & overview / links to Operating Image. & Resp. Decision.	Gerry
5	<a href="#">Operating Images [Men &amp; Women]</a>	Self-Awareness		Pictures-examples of Operating Images	Gerry
5	<a href="#">Operating Images [Women]</a>	Self-Awareness	Women's Macro-Correction Center	Pictures-examples of Operating Images	Gerry
5	<a href="#">Reactive Behavior Cycle &amp; Operating Image</a>	Self-Awareness	Women's Macro-Correction Center	info from Macro Teacher Handbook	Gerry
5.6	<a href="#">Quick Decisions</a>	Decision Step	Women's Macro-Correction Center	info from Macro Teacher Handbook	Gerry

6	<a href="#">Did you ever have to make up your mind</a>	Community	Women's Macro-Correction Center	Artform –Song [Lovin Spoonful]	Bill
6	<a href="#">Affirmation Images</a>	Decision Step	Women's Macro-Correction Center	Pictures-examples of Images [rpic objects/can't bring into Prison]	Gerry
6	<a href="#">Letter to Self</a>	Self-Awareness	Youth Center	Sent after client returns home	Alison
6	<a href="#">Pay it forward</a>	Self-Awareness	Youth Center	Artform video clip	Alison
6	<a href="#">Response to Change &amp; Transition stages</a>	Self-Awareness	Women's Macro-Correction Center	Supplement / Alternate Model –“Life in Transition”	Gerry
6	<a href="#">Response to Change Survey</a>	Self-Awareness	Women's Macro-Correction Center	Self Assess	Gerry
Grad	<a href="#">Jeopardy Correction Center</a>	Decision Step Review	Women's Macro-Correction Center	Review what was learned stp1-6	Bill
Grad.	<a href="#">Chester County Inmate Programs list</a>	Community	All	ID & refer to content in other programs that's like Thresholds	Jarrett
Grad.	<a href="#">Consciousness/Competence</a>	Community	Women's Macro-Correction Center	ID & share -How changed in '6 wks'	Gerry
Grad.	<a href="#">Decision Quotes &amp; Weekly Affirmations</a>	Community	Women's Macro-Correction Center	Artform-Circle 3 quotes & choose 1 to & share w/ class	Gerry
Grad.	<a href="#">Feedback Survey Correction Center</a>	NA	Women's Macro-Correction Center	Gather feedback about program – for changes/improvements	Gerry
Grad.	<a href="#">Feedback Survey Prison</a>	NA	Men's & Women's Macro-Prison	Gather feedback about program – for changes/improvements	Dona
Grad.	<a href="#">Feedback Survey- Evaluation Youth Center</a>	NA	Youth Center	Gather feedback about program – for changes/improvements	Alison
Grad.	<a href="#">Bonnie Consuelo</a>	Self-Awareness	Women's Macro-Correction Center	Artform – 'Differently abled women'	Bill